

Resultat – Träning Skinnabo

2023-09-26

Lång		(3 / 3)	Tid	Efter	Bomtid		
1.	Gerda Medin	Emmaboda Verda OK	37:24		00:00		
	2:43 (2:43)	4:10 (6:53)		2:01 (12:14)		5:49 (18:03)	1:52 (19:55)
	1:07 (21:02)	3:32 (24:34)		3:14 (28:51)		2:02 (30:53)	2:55 (33:48)
	1:29 (35:17)	1:50 (37:07)					
2.	Daniel Magnusson	Emmaboda Verda OK	56:12	+18:48	12:10		
	3:28 (3:28)	7:03 (10:31)		3:34 (17:31)		7:20 (24:51)	3:00 (27:51)
	2:35 (30:26)	3:26 (33:52)		3:31 (41:23)		3:01 (44:24)	2:46 (47:10)
	6:12 (53:22)	2:18 (55:40)					
	Ebba Magnusson	Emmaboda Verda OK	Felst.				
	4:35 (4:35)	– (–)		– (–)		– (–)	– (29:09)
	1:59 (31:08)	4:51 (35:59)		5:09 (43:08)		4:25 (47:33)	4:35 (52:08)
	2:50 (54:58)	2:06 (57:04)					
Mellan		(8 / 8)	Tid	Efter	Bomtid		
1.	Viktoria Ahlström	Emmaboda Verda OK	27:53		02:31		
	1:01 (1:01)	1:56 (2:57)		5:01 (12:38)		1:34 (14:12)	3:26 (17:38)
	2:33 (20:11)	5:21 (25:32)		0:24 (27:53)			
2.	Tim Ahlström	Emmaboda Verda OK	30:27	+2:34	01:40		
	1:01 (1:01)	2:22 (3:23)		4:31 (14:03)		1:28 (15:31)	5:29 (21:00)
	2:55 (23:55)	4:00 (27:55)		0:22 (30:27)			
3.	Monica Pählstorp	Emmaboda Verda OK	48:46	+20:53	09:40		
	2:02 (2:02)	3:10 (5:12)		5:35 (17:51)		2:50 (20:41)	13:41 (34:22)
	4:01 (38:23)	5:27 (43:50)		1:55 (48:46)			
4.	Per-Erik Svensson	Emmaboda Verda OK	54:41	+26:48	13:37		
	2:32 (2:32)	4:06 (6:38)		6:01 (19:34)		4:59 (24:33)	8:03 (32:36)
	5:59 (38:35)	13:03 (51:38)		0:26 (54:41)			
5.	Cornelia Westlund	Emmaboda Verda OK	55:29	+27:36	13:59		
	2:27 (2:27)	4:15 (6:42)		5:51 (19:31)		5:14 (24:45)	7:56 (32:41)
	5:59 (38:40)	13:27 (52:07)		0:40 (55:29)			
6.	Anna Zobal	Emmaboda Verda OK	1:03:29	+35:36	07:20		
	2:22 (2:22)	3:42 (6:04)		11:16 (27:39)		4:00 (31:39)	8:49 (40:28)
	6:01 (46:29)	12:43 (59:12)		1:02 (1:03:29)			
7.	Saga Zobal Medin	Emmaboda Verda OK	1:03:50	+35:57	08:28		
	2:18 (2:18)	3:43 (6:01)		11:15 (27:48)		4:17 (32:05)	8:28 (40:33)
	5:56 (46:29)	13:24 (59:53)		1:07 (1:03:50)			
	Nicklas Medin	Emmaboda Verda OK	Felst.				
	1:01 (1:01)	2:30 (3:31)		5:26 (14:35)		1:42 (16:17)	– (–)
	– (31:02)	3:24 (34:26)		0:23 (37:05)			
Kort		(13 / 13)	Tid	Efter	Bomtid		
1.	Vera Medin	Emmaboda Verda OK	22:50		03:58		
	0:37 (0:37)	1:15 (1:52)		2:12 (9:39)		5:49 (15:28)	4:07 (19:35)
	2:07 (21:42)	1:08 (22:50)					
2.	Minna Ahlström	Emmaboda Verda OK	29:49	+6:59	01:40		
	1:52 (1:52)	2:14 (4:06)		3:27 (11:39)		7:04 (18:43)	5:35 (24:18)
	3:43 (28:01)	1:48 (29:49)					
3.	Anders Medin	Emmaboda Verda OK	36:04	+13:14	04:03		
	1:10 (1:10)	2:26 (3:36)		4:11 (13:11)		7:50 (21:01)	6:10 (27:11)
	4:12 (31:23)	4:41 (36:04)					
4.	Tova Sjöndin	Emmaboda Verda OK	36:24	+13:34	03:38		
	0:53 (0:53)	2:50 (3:43)		4:10 (13:22)		11:24 (24:46)	6:23 (31:09)
	3:34 (34:43)	1:41 (36:24)					
5.	Johanna Sjöndin	Emmaboda Verda OK	36:25	+13:35	03:42		
	0:54 (0:54)	2:50 (3:44)		4:27 (13:44)		11:05 (24:49)	6:21 (31:10)
	3:37 (34:47)	1:38 (36:25)					
6.	Tyrlöv Alice	Emmaboda Verda OK	36:35	+13:45	06:04		
	1:30 (1:30)	2:02 (3:32)		4:58 (12:32)		11:48 (24:20)	6:17 (30:37)
	3:03 (33:40)	2:55 (36:35)					
7.	Tyrlöv Jennica	Emmaboda Verda OK	42:02	+19:12	03:48		
	2:00 (2:00)	2:21 (4:21)		5:32 (15:09)		9:50 (24:59)	8:23 (33:22)
	5:26 (38:48)	3:14 (42:02)					
8.	Miletic Kevin	Emmaboda Verda OK	42:51	+20:01	05:03		
	2:39 (2:39)	2:01 (4:40)		5:24 (15:37)		9:48 (25:25)	8:55 (34:20)
	5:10 (39:30)	3:21 (42:51)					
9.	Kerstin Hjalmarsson	Emmaboda Verda OK	44:02	+21:12	04:19		
	1:24 (1:24)	2:27 (3:51)		5:46 (16:23)		11:14 (27:37)	7:19 (34:56)
	5:24 (40:20)	3:42 (44:02)					
10.	Matilda Stockberg	Emmaboda Verda OK	49:01	+26:11	13:23		
	1:11 (1:11)	2:09 (3:20)		12:36 (22:04)		14:53 (36:57)	6:29 (43:26)
	3:34 (47:00)	2:01 (49:01)					
11.	Anton Ödlund	Emmaboda Verda OK	53:37	+30:47	10:27		
	2:33 (2:33)	3:14 (5:47)		9:56 (24:42)		11:14 (35:56)	10:31 (46:27)
	3:12 (49:39)	3:58 (53:37)					

12. Miltetic Stefania	Emmaboda Verda OK	3:06:21	+163:31	02:34		
– (2:26:11)	2:20 (2:28:31)	5:18 (2:33:49)	5:20 (2:39:09)		10:09 (2:49:18)	8:25 (2:57:43)
5:24 (3:03:07)	3:14 (3:06:21)					
Viktoria Ahlström	Emmaboda Verda OK	Felst.				
2:01 (2:01)	2:06 (4:07)	4:06 (8:13)	3:27 (11:40)		– (–)	– (24:19)
3:43 (28:02)	1:47 (29:49)					

Kortast	(6 / 6)	Tid	Efter	Bomtid		
1. Dybvad Alvin	Emmaboda Verda OK	19:44		01:17		
0:58 (0:58)	2:42 (3:40)	5:44 (9:24)	5:55 (15:19)		2:08 (17:27)	2:17 (19:44)
2. Saga Ödlund	Emmaboda Verda OK	20:16	+0:32	01:11		
0:49 (0:49)	2:13 (3:02)	5:50 (8:52)	6:21 (15:13)		2:39 (17:52)	2:24 (20:16)
3. Lea Ödlund	Emmaboda Verda OK	20:27	+0:43	01:01		
0:54 (0:54)	2:06 (3:00)	5:51 (8:51)	6:28 (15:19)		2:30 (17:49)	2:38 (20:27)
4. Kevin Westlund	Emmaboda Verda OK	25:04	+5:20	02:08		
1:07 (1:07)	2:19 (3:26)	7:34 (11:00)	9:03 (20:03)		1:26 (21:29)	3:35 (25:04)
5. Malene Westlund	Emmaboda Verda OK	25:07	+5:23	02:14		
0:54 (0:54)	2:23 (3:17)	7:46 (11:03)	9:03 (20:06)		1:27 (21:33)	3:34 (25:07)
6. Hedda Stockberg	Emmaboda Verda OK	25:10	+5:26	03:59		
1:25 (1:25)	2:10 (3:35)	6:16 (9:51)	9:54 (19:45)		2:43 (22:28)	2:42 (25:10)